



GETTING TO KNOW YOU

Hana Wosk

Meet Hana Wosk, former Or Shalom Board Chair, current Membership Committee Chair, and Or Shalomnik since 1987. Hana grew up in Saskatoon, then moved to Vancouver for a BA in Psychology. Her interest in Psychology grew into a spiritual quest which led her to Yoga and meditation as well as Jewish practice. She moved to Israel to pursue Judaic studies in 1973. There she and her soul mate Mordehai were married and spent three years in Jerusalem. Many Or Shalomniks will recognize Mordehai from his Shofar sounding during the High Holidays.

In 1977, they moved to the San Francisco Bay Area where they both gained MAs and PhDs in Transpersonal Psychology as well as Marriage and Family Therapy licenses. During that period, their sons Ariel and Daniel were born. They returned to Vancouver when the boys were young, in order to be close to all four grandparents and their large family.

In Vancouver, Hana taught for many years with Yoga Outreach, sharing the practices of yoga and meditation with mental health clients. She also served for years as the chair of the Parents' Chavurah at Vancouver Talmud Torah.

Hana remembers well the early years of Or Shalom, meeting in rented homes for services. She was active in taking the leap to purchase our current Bayit, as well as in growing the community to the point of hiring a full-time Rabbi with administrative support!

Ask her about the outrageous fundraising galas she chaired in the 1990s, such as 'Breaking the Glass' and 'There's no Business Like Shul Business,' among others!